

# SHELDON ALUMNI CHALLENGE 3K

## SEPTEMBER 10, 2009

Dorris Ranch Park - Springfield

### Race Schedule

6:00pm - Women's 3K

6:30pm - Men's 3K

**Course:** Located at Dorris Ranch Park in Springfield, the course is flat, fast and scenic through filbert orchards along the Willamette River.

**Registration:** This 3K run is open to runners of all ages. The entry Fee is \$12.00 without a shirt. Register online at [www.eclecticedgeracing.com](http://www.eclecticedgeracing.com) or at the Eugene Running Company located in the Oakway Center. Please make checks payable to Sheldon X-Country. No refunds.

**Packet Pick Up:** September 10th, day of race. The packet pick-up will be located in the main parking lot.

**Contact Info:** Chris Yorges, Head Coach, Sheldon HS X-Country  
541-653-2411, [steeplecjury@aol.com](mailto:steeplecjury@aol.com)

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### Sheldon Alumni Challenge

#### Waiver and Release

In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and courses of action I have or may have against Sheldon High School and affiliates, their agents, employees, officers, directors, successors and assigns, Eclectic Edge Events, LLC, the City of Springfield, and any and all sponsors, their representatives and successors, that may arise as a result of my participation in the Sheldon Alumni Challenge and any pre- and post- event activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising. I have read the entry and waiver information provided and certify my compliance by my signature below.

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature (parent if under 18) \_\_\_\_\_ Date: \_\_\_\_\_

High school graduated from: \_\_\_\_\_

Year graduated from HS: \_\_\_\_\_

Race# \_\_\_\_\_ (Official Use Only)