

**The Challenge:**

Participants accepting the Challenge will run all three phases: the 7K, 1K and 3K. In each phase, runners will receive points based upon their overall and age group placing, which are added for a grand total after the third phase – results are NOT based upon total time. Scoring example: a runner placing 3<sup>rd</sup> in her age group in the 7K receives 3 points, she places 6<sup>th</sup> in her age group in the 1K and receives 6 points, and places 1<sup>st</sup> in her age group in the 3K and receives 1 point for a total of 10 age group points – low point totals place highest. Since the scoring is based upon places, the strategy of the event involves knowing how hard to run each phase.

**Bib Numbers:**

Participants competing in the three-phase Challenge will wear a normal bib number on the front AND a second bib number on their back which will indicate their age.

**Phase Starts:**

The 7K will be a mass start. The 1K is a time trial, with runners taking off every 15 seconds, based upon the order of finish from the 7K earlier. The 3K is a mass start. Participants that are running the 1K, but are not completing all three phases will start in 15 second intervals after the final three-phase Challenge runner has started.

Thanks to all of our great sponsors:



**Todd Bosworth**  
RBC Wealth Management



**Eclectic Edge Events, LLC**  
P.O. Box 5862  
Eugene, OR 97405

*Eclectic Edge Events presents:*

# TRI TRAIL CHALLENGE



*7K Climb & Descent*  
*1K Hill Time Trial*  
*3K Flat & Fast Loop*

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**Saturday, September 12, 2009**

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**9 a.m. Start**

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*Frank Kinney Park –*  
*South Eugene*

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**Take the challenge and run all three!**

## PARTICIPANT APPLICATION

### Start Times:

9 a.m. (7K Climb & Descent)  
10 a.m. (1K Hill Time Trail)  
10:45 a.m. (3K Flat & Fast Loop)

### Location:

Frank Kinney Park – South Eugene

### Directions:

In Eugene, take Hilyard Street south to W. Amazon Dr. Turn left onto W. Amazon Dr. and go 1 ½ miles to Martin Street. Turn left on Martin Street – the park is on the left.

### Courses:

**7K:** The 7K starts and finishes at Frank Kinney Park. The course climbs up the Amazon Headwaters Trail to the Ridgeline Trail, loops between the Fox Hollow and Dillard Road trailheads and then descends back down.

**1K:** The 1K starts on Martin Street, heads east to Center Way, and then heads south to the trailhead and up the trail underneath the powerline (the trail is very rocky). The 1K finishes at the gate just below Dillard Road. From the finish of the 1K, runners will run back down the hill to the staging area at the park.

**3K:** The 3K starts and finishes at the south end of Frank Kinney Park. The loop is entirely on the chip path of the Rexius Trail.

### “Relay” Team Competition:

Teams are comprised of three runners, each running one of the three phases. Teams are not actual relays, meaning the runners will not hand off to the next, but rather each runner will cover one of the three distances. Team categories are male, female and coed. The team divisions are based upon the total age of all three team members: 90 & Under, 91-149, and 150 & Over. All relay team members must register individually.

### Awards:

Awards will be given to the top three overall male and female finishers and the top three in each age group for the “Challenge” competition. Age group winners in each of the three phases that are not in the three-phase competition will receive awards. Runners placing in two phases will only be eligible for one award but will be listed in all results.

### Age Groups:

14&Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80&Over

## REGISTRATION:

Register in person at:

**Eugene Running Company** (116 Oakway Center)

Online at: [www.EclecticEdgeRacing.com](http://www.EclecticEdgeRacing.com)

**By mail:** Eclectic Edge Events, LLC  
P.O. Box 5862  
Eugene, OR 97405

**Make checks payable to:**  
Eclectic Edge Events

**Race day:** From 7:30am to 8:45am

### ENTRY FEES:

\$20 w/out shirt (Thru September 11)  
Add \$5 on race day  
\$10 additional for Tech Shirt  
\$5 additional for Cotton Shirt

NOTE: Relay Team Members Must  
Register Individually – No Team Entries  
Accepted After September 10.

(Entry fees are non-refundable)



**FOR FURTHER INFORMATION:  
Call 541-484-9883**

[www.EclecticEdgeRacing.com](http://www.EclecticEdgeRacing.com)

**Packets will be available on race day.**

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Last Name	First Name	
<hr/>		
Address		
<hr/>		
City	State	Zip
<hr/>		
Phone Number		
<hr/>		
E-Mail Address		
<hr/>		
Birthdate	Age On Race Day	Sex
<hr/>		
Tech Shirt Size - \$10 Tech / \$5 Cotton		
<input type="checkbox"/> Small		
<input type="checkbox"/> Medium		
<input type="checkbox"/> Large		
<input type="checkbox"/> X-Large		
<input type="checkbox"/> XX-Large		
<hr/>		
Event Entering: (Check One)		
<input type="checkbox"/> Tri-Trail Challenge (All 3 Phases)		
<input type="checkbox"/> 7K Climb & Descent Only		
<input type="checkbox"/> 1K Hill Time Trial Only		
<input type="checkbox"/> 3K Flat & Fast Loop Only		
<input type="checkbox"/> 7K & 1K		
<input type="checkbox"/> 1K & 3K		
<input type="checkbox"/> 7K & 3K		
<input type="checkbox"/> Relay Team (Deadline: September 10)		
Entry fee: \$20 through 9/11, \$25 on Race Day		
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Relay Team Name: _____		
Relay Category: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Coed		
Relay Division: <input type="checkbox"/> <90 <input type="checkbox"/> 91-149 <input type="checkbox"/> >150		
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Participation Waiver:		
Through my participation in the Tri-Trail Challenge, facilitated by, Eclectic Edge Events, LLC, and TheCity of Eugene Parks & Open Space, which is physically demanding, I hereby waive any and all claims of liability to the afore-mentioned entities, various sponsors and any individuals involved with the organization and execution of the event. I also grant permission to the race organizers to use any photographs of me in the event for future promotional purposes.		
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Signature	(Parent signature required if under 18)	Date
BIB # _____ (For official use only)		