

# Evil Ed Spinney



Evil Ed began his running career at Whitman Hanson Regional High School in Massachusetts way back in 1968. His 4:22 mile in 1971 stood as the school record for 35 years.

Ed's attended Dartmouth College in Hanover, New Hampshire, and improved to a 4:09 mile in 1975.

In 1976 Ed moved to Eugene and, in 1978 began training with Athletics West when former South Eugene coach Harry Johnson brought stars Craig Virgin, Tiny Kane, Mike Manke, and others to Eugene. Ed qualified for the 1980 Olympic trials in Eugene with a PR 13:37 5000m, and again for the Los Angeles trials in 1984. In between, he ran under 4 minutes in the mile at the 1981 and 1983 Eugene Twilight Meet, finishing 4th in 1981 with a PR 3:57.3 to Tom Byers, Billy McChesney and Rudy Chapa, and 3rd in 1983 with a 3:58 to Dub Myers and Larry Mangan.

Other PRs include:

800 1:52.8

1500 3:40.8

3000 7:57

10,000 29:30

Marathon 2:18:02

Ed ran his first masters race just days after his 40th birthday, finishing 2d to Ken Popejoy in the 1500 at the National Masters Championship in Provo, Utah in 1993. Later that year he won the 1500 meter bronze medal at the World Championships in Japan. When the National Masters came to Eugene, Ed won the 1500, defeating former AW teammate Kevin "Kinky" McCarey with a 3:58, and current standout David Salazar.

Ed recent accomplishments include 4 marathons since December of 2007, 3 of them, including Boston, in 2:47. The 2:47 in Sacramento in December of 2008, put him in the top 10 in the world for the year in the 55 - 59 age group.

Ed was the recipient of the 2008 Wreck of the Edmund Fitzgerald Award, awarded each year to the hacker who attains the most notable discrepancy in a single race between the performance for which he is capable and the performance he actually accomplishes. Ed won the award on the strength of a 1:28 half marathon in Coburg, coming on the heels of his Boston Marathon performance in which he ran two half marathons, back to back, in an average of 1:23.