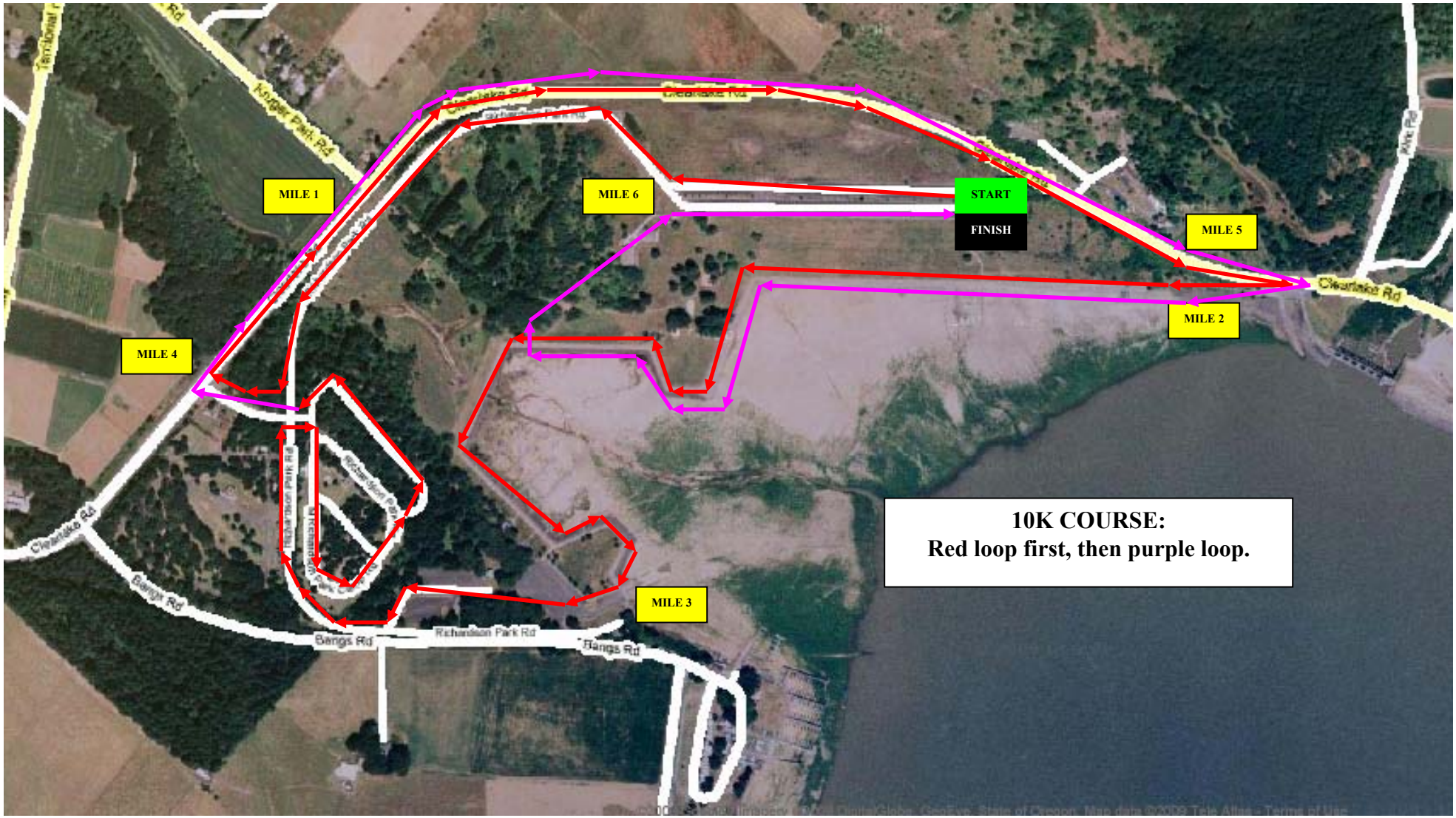LAKE ESCAPE 10K COURSE MAP